

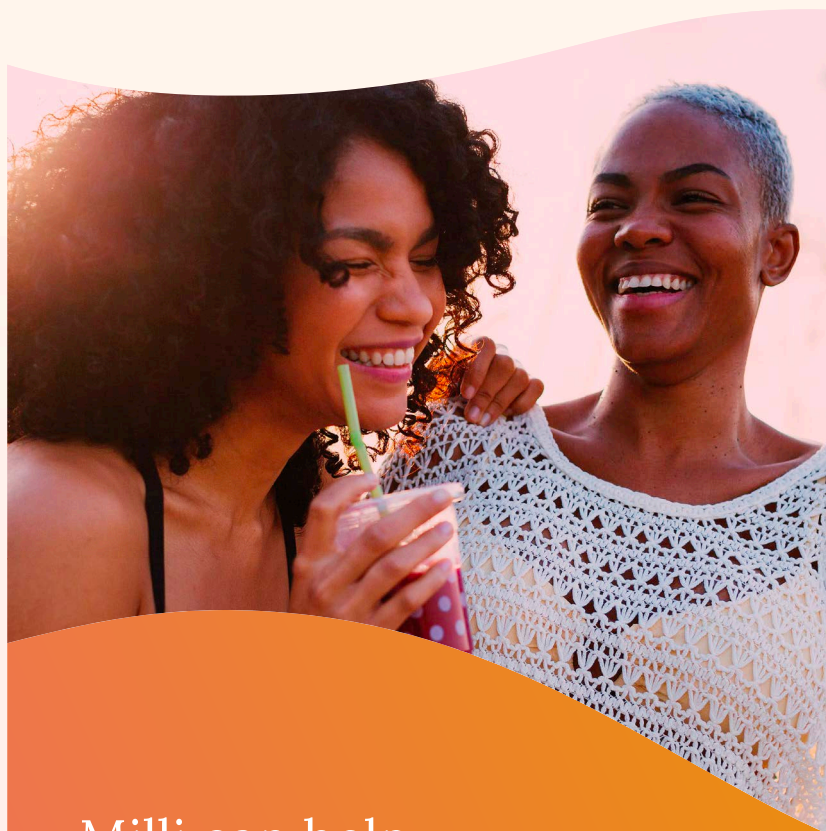
Vaginal tightness
is real.

@milliTM
can help.



You are not alone

Studies suggest 5-17% of women experience vaginismus—a condition that causes the vaginal muscles to contract involuntarily, or “vaginal tightness”—making penetration of any kind painful or impossible.¹



Milli can help

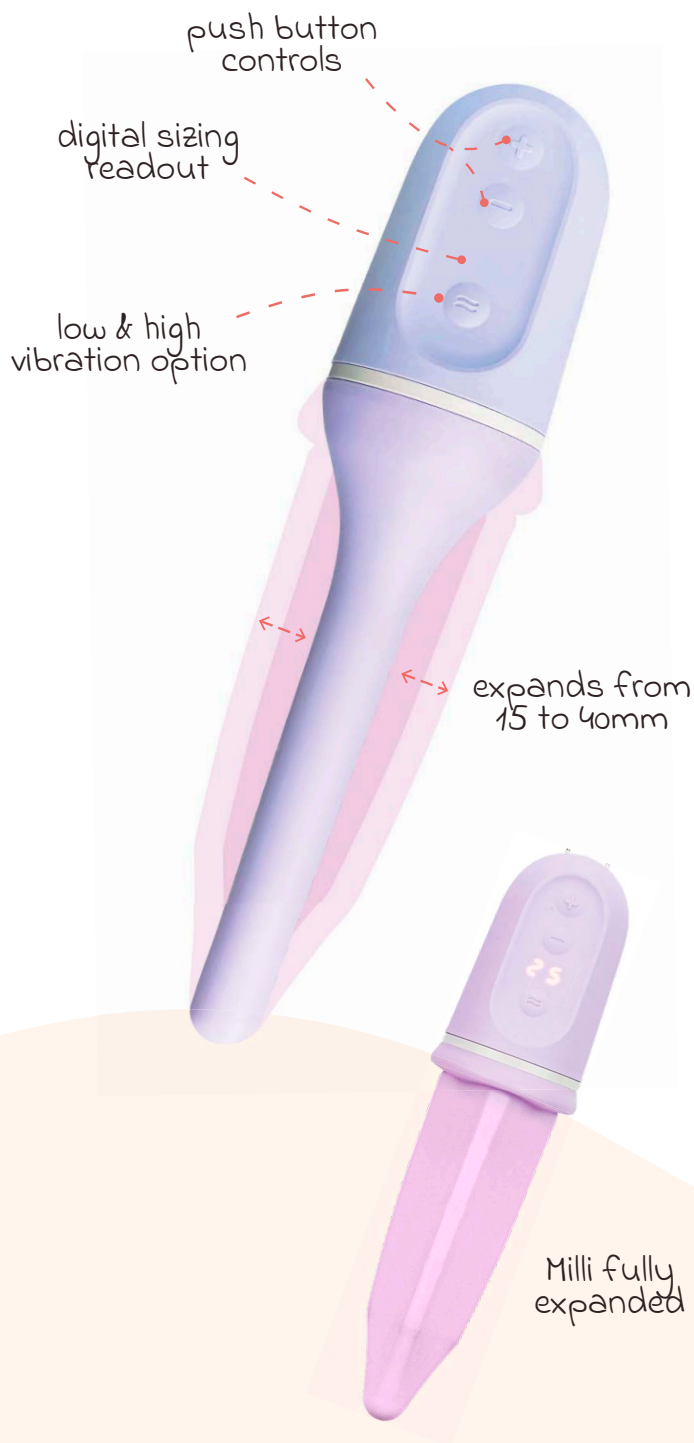
Milli is the first and only all-in-one vaginal dilator that gradually expands the vagina at a pace you control—helping you claim your sexual health. It is designed to gradually train and prepare your vagina for penetration, such as intercourse, gynecologist visits and tampon or menstrual cup use.

Reference: 1. Spector I, Carey M: Incidence and prevalence of the sexual dysfunctions: a critical review of the empirical literature. *Arch. Sex. Behav.* 19, 389–396 (1990).



You're in control

Unlike static dilators that may have intimidating jumps in sizing, with Milli you can gradually expand and easily monitor the pace of dilation one millimeter at a time—Ensuring you're always in control of your progress.



Designed for comfort

Milli has a smooth silicone coating and small starting size of only 15mm (just over a ½"). And it has optional built-in vibration.

Avoid discomfort from reinsertion

Milli's unique design gradually expands within your vagina without the discomfort or inconvenience of removal and reinsertion.

Fits into your life

With a discreet charging case and a single, all-in-one device, Milli helps you keep your vaginal dilation therapy as private as you want it to be.



Indications for Use

The Milli Vaginal Dilator is a tool intended for controlled dilation of the vagina. It can be used for dilation for an examination (by your doctor), in preparation for a surgical procedure or to help relieve the symptoms of vaginismus (condition that involves tightening of the vaginal muscles) and related painful sex.

What is vaginismus?

How can our dilator help?

What makes Milli unique?

Find out more about



Scan the code below to receive helpful information, including safety information



Visit hellomilli.com to purchase or learn more

2495 Hospital Drive, Suite 300,
Mountain View, CA 94040, USA

Contraindications

If you have either of the following conditions, you should NOT purchase or use the Milli Vaginal Dilator:

- Active pelvic (lower abdomen) infections, or
- Open wounds in the tissue inside or surrounding the vagina.

Pregnant women should refer to their physician for guidance prior to purchasing or using the Milli Vaginal Dilator.